

Hold on Because You are Held  
Colossians 2:16-23

Study Questions

How do you fight '*the indulgence of the flesh*'?  
If you don't have a plan, why not?

Read Colossians 2:6-7. How does Paul describe '*walking in Christ*'?

Read Colossians 2:16-19. Paul offers a solution in vs 19 to the legalism that threatened the Colossian (and Santa Marian) church. What is it?

Pastor Greg noted 4 'kinds' of legalism. Explain their differences in your words. How do you engage and destroy these legalisms in your life?

Salvation legalism

Sanctification 'Yes' Legalism

Sanctification 'No' Legalism

Sanity Legalism

Read Colossians 2:20-23. How does the phrase '*according to human precepts and teachings*' alter our understanding of the '*regulations*' Paul lists in verse 21?

What is effective at stopping the indulgence of the flesh?

Memory Verse:

"If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. <sup>2</sup> Set your minds on things that are above, not on things that are on earth. <sup>3</sup> For you have died, and your life is hidden with Christ in God. <sup>4</sup> When Christ who is your life appears, then you also will appear with him in glory."

Colossians 3:1-4 <sup>ESV</sup>